## NHS Awareness Campaigns May 2019

**Mental Health Awareness Week**

13th -19th May 2019

A UK event supported by the Mental Health Foundation, the aim is to educate the public about mental health issues and to promote better mental health.

<https://www.mind.org.uk/get-involved/mental-health-awareness-week-2019>

[**National Walking Month**](https://www.livingstreets.org.uk/what-you-can-do/campaigns/national-walking-month-2018)

1st – 31th May 2019

[National Walking Month](https://www.livingstreets.org.uk/what-you-can-do/campaigns/national-walking-month-2018)encourages people to walk more throughout May. Initiatives include, Walk to Work Week and Walk to School Week.

https://www.livingstreets.org.uk/get-involved/campaign-with-us/national-walking-month-2019

[**Action on Stroke Month**](https://www.stroke.org.uk/get-involved/fundraising/make-may-purple)

1st – 31st May 2019

"Make May Purple" is the Stroke Associations [action on stroke awareness month](https://www.stroke.org.uk/get-involved/fundraising/make-may-purple), taking place every May. Individuals show their support for those who have been affected by stroke and help to raise awareness and essential funds for the Stroke Association. Join #MakeMayPurple on social media.

<https://www.stroke.org.uk>

[**Arthritis Care Awareness Week**](http://www.whathealth.com/awareness/event/arthritiscareweek.html)

14th - 21st May 2019

[Arthritis Care Awareness Week](http://www.whathealth.com/awareness/event/arthritiscareweek.html)raises awareness about arthritis, gathers support for people with this condition and highlights the work of Arthritis Care.

[http://www.whathealth.com/awareness/event/ arthritiscareweek.html](http://www.whathealth.com/awareness/event/%20arthritiscareweek.html)

[**Dementia Action Week**](https://www.alzheimers.org.uk/info/20167/dementia_awareness_week)

21st - 27th May 2018

[Dementia Action Week](https://www.alzheimers.org.uk/info/20167/dementia_awareness_week) is to raise awareness, offer support and make change happen for people with dementia.

<https://www.alzheimers.org.uk/get-involved/dementia-friendly-communities/dining4dementia>

**Ppg news**

**Patient | Participation | Group**

**EXTENDED ACCESS GP APPOINTMENTS**

Some time ago the government stated that one of the aims for primary care was for GP appointments to be made available 7 days a week. This appeared to be an unachievable aim by some, but gradually a system has been developed to enable this to take place, this is through Practices offering evening and weekend appointments.

In the case of Bath Row Medical Practice, some evening appointments are available at the surgery during the week and on a Saturday morning, making it more convenient for patients who are in employment.

In addition, this Practice is a member of “My Healthcare” which consists of a group of other GP Practices (called My Healthcare Hubs) which can accommodate extra appointments 7 days a week. This includes GP appointments and appointments with Practice Nurses and Healthcare Assistants, Christmas, New Year and other Bank Holidays are also covered when Practices are normally closed. The Hubs are:- Burbury Medical Centre, Fernley Medical Practice, Harborne Medical Practice, River Brook Medical Centre and West Heath Medical Centre.

The Hub GPs will have access to the patient’s medical records, but only with consent. However, if patients have opted-out of Your Care Connected (which allows medical records to be shared appropriately) they cannot be seen at a Hub.

Various services such as Minor Surgery, Complex Wound Care Clinics, ECG Services, Diabetes Clinics, are available to patients at the Hubs if not provided at the patient’s own Practice.

There is also a Virtual Hub based at West Heath Medical Centre for telephone consultations. Appointments at the Hubs can be made in the usual way through contacting reception at Bath Row Medical Practice for patients to be seen at a Hub which is the most convenient for them.

There has been quite a slow uptake of this enhanced service, possibly because patients feel some resistance to visiting an unfamiliar surgery with GPs and other staff they do not know. However, take-up is increasing and will prove to be a valuable asset to primary care.

Marie **PPG Member**

**Practice News**

**Appointment System Changes**

The Practice frequently reviews their appointment system and based on a recent review, changes to the ‘priority GP’ have been made. With the old appointment system a 'priority GP' was available during the morning and afternoon.  It was initially intended that the GP assigned as ‘priority’ would deal with any urgent Patient matters, following the recent review the Practice have found that these appointments were continuously and repeatedly being used for non-urgent medical matters, as an overflow to the main appointment system.

The ‘priority’ screens are now replaced with normal GP clinical appointments which include morning and afternoon appointments and thus provide dedicated GP appointment availability each day.  This positive change to appointment availability will continue to be monitored by the Practice over the coming weeks and months. **All appointments can either be pre-booked or pending availability booked on the day. Doctors cannot see Patients outside surgery hours.**

The Practice offers extended surgery times on Thursdays and Saturdays. Appointments with a Doctor (during extended surgery times) can be pre-booked and are available from 6.30pm up to 8.00pm on Thursdays and between 9.30am up to 12.20pm on Saturdays. Patients who work may find these appointment times helpful. If you require an extended appointment (longer than

10 minutes) please inform the Receptionist when booking your appointment.

The Practice now also has limited **lunchtime appointments** with some Doctors and Nurses; pending availability these are only available on certain days. To arrange an appointment please telephone **0121 622 4846** and choose **Option 1** to book, cancel, confirm an appointment.

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| --- | --- | --- | --- | --- | --- |
| Dr Iqbal | Monday | Tuesday  8.30am – 6.00pm | Wednesday  10.10am – 12.10pm | Thursday  10.00am – 8.00pm | Friday  8.30am – 6.00pm |
| Dr Kalia | Monday  8.30am – 5.00pm | Tuesday  8.30am – 6.00pm | Wednesday  8.30am – 12.00noon | Thursday  - | Friday\*  8.30am – 6.00pm |
| Dr Nazir | Monday  8.30am – 6.00pm | Tuesday  8.30am – 6.00pm | Wednesday  8.30am – 12.10pm | Thursday\*  8.30am – 4.45pm | Friday  – |
| Dr Rahman | Monday  – | Tuesday  – | Wednesday  8.30am – 1.00pm | Thursday  11.30am – 8.00pm | Friday  8.00am – 3.30pm |
| Dr Sood | Monday  8.50am – 6.00pm | Tuesday  – | Wednesday  8.50am – 12.10pm | Thursday  8.50am – 6.00pm | Friday  8.50am – 6.00pm |
| Dr Ajanaku | Monday  8.30am – 5.10pm | Tuesday  8.30am – 5.10pm | Wednesday  10.00am – 11.40am | Thursday  8.30am – 11.40am | Friday  8.30am – 5.10pm |
| Balpreet Hayer\*\* | Monday  – | Tuesday  9.10am – 12.10pm | Wednesday  – | Thursday  12.30pm – 3.10pm | Friday  – |

\* Teaching students all day or normal clinic

\*\* **Pharmacist**

The Practice will be closed on 27th May **2019** Bank Holiday Monday

**Future PPG Meetings**:- Wednesday 20th June 2019, Wednesday 18th July 2019